

## **Valerie Gruss, PhD, APN, CNP-BC**

*Clinical Associate Professor  
Project Director, ENGAGE-IL  
HRSA Geriatric Workforce Enhancement Program  
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### **EDUCATION**

Rush University, Chicago, IL	PhD	Nursing Science
Rush University, Chicago, IL	MSN	Nurse Practitioner
Lewis University, Romeoville, IL	BSN	Nursing
Truman College, Chicago, IL	ADN	Nursing

### **TRAINING**

Pre-Doctoral Fellowship Building Academic Geriatric Nursing Capacity The John A. Hartford Foundation, N.Y., N.Y.	2001-2003	Geriatric Nursing
Geriatric Interdisciplinary Team Training Rush University, Loyola University Family Practice of Pilsen, Chicago, IL	01/2000-6/2000	Interprofessional Health Science Education

### **LICENSURE/BOARD CERTIFICATION**

Registered Profession Nurse	State of Illinois	1976 – Present
Advanced Practice Nurse/ Certified Nurse Practitioner	State of Illinois	1998 – Present
Geriatric Nurse Practitioner	AACN National Certification	1998 – Present

### **PROFESSIONAL EXPERIENCE**

2008 - Present	Clinical Associate Professor Project Director, ENGAGE-IL HRSA Geriatric Workforce Enhancement Program Department of Biobehavioral Health Science University of Illinois at Chicago
2008 – Present	Lead Clinical Consultant, Illinois Department of Aging, “ <i>Money Follows</i> ”

*the Person/Pathways to Community Living/Money Follows the Person”,*  
Federal Project

1998 - 2008 Adult Nurse Practitioner, Primary Care/Geriatric Clinic, Private Practice with Tessa Fisher, MD, Evanston, Illinois

1993 – 1998 Clinical Nurse/Charge Nurse, Long-term Care, Holy Family Health Center, Des Plaines, Illinois

1980 – 1991 Clinical Home Care Nurse, Private Duty Community Care, Chicago, Illinois

1976 – 1980 Staff nurse, Medical-Surgical Unit Our Lady of the Resurrection Hospital, Chicago, Illinois

### **HONORS and AWARDS**

2018 *Fellow*, American Academy of Nursing, Induction scheduled for November 3, 2018, Washington, D.C.

2018 *Excellence in Education*, Gerontological Advance Practice Nurses Association, September, 2018

2017 Chicago Sister Cities International Program, Chicago-Shanghai Services Exchange, *Official Delegate*, 8-Person Geriatric Expert Panel, Shanghai, China, October, 2017

2017 *Judith Storjfel Distinguished Award for Scholarly Practice*, University of Illinois at Chicago, College of Nursing, December, 2017

2016 Gerontological Advance Practice Nurses Association, *2016 Excellence in Research Award*

2015-2016 *Teaching Recognition Program Award* University of Illinois at Chicago, Chicago, Illinois

2015 Gerontological Advance Practice Nurses Association Foundation *Research Award*

2010 *Faculty Practice Award* Nursing Service Plan University of Illinois at Chicago, Chicago, Illinois

2008 *Best Career in Long Term Care Award* Florida Medical Directors Association/American Medical Directors' Association, Orlando, Florida

### **GRANTS, FUNDED**

#### **Extramural:**

**Gruss, V. (PI)**, and Hasnain, M. (Co-PI), *Health Resources & Service Administration, Geriatric Workforce Enhancement Program (GWEP), 2018-2019, \$881,778.00 (one year)*

Olsen, B., **Gruss, V.**, Hasnain, M., Emery-Tiburicio, E., Miller, R., *Health Resources & Service Administration, Geriatric Workforce Enhancement Program (GWEP), Small Networking Meeting Grant Program, Assessment of Geriatric Interprofessional Training, 2018 \$31,000 (6 months)*

**Gruss, V. (PI)**, and Hasnain, M. (Co-PI), *Health Resources & Service Administration, Geriatric Workforce Enhancement Program (GWEP), 2015-2018, \$2,500,000 (3 years)*

Hasnain, M., **Gruss, V.** (Co-PI) *Innovative Geriatrics Program and Approaches to Care, HRSA, GWEP-CC \$7,500*

**Gruss, V.**, Hasnain, M. (Co-PI), John A. Hartford Foundation, 086215-206084G \$2,000.

Leathers, S., Melka-Kaffer, C., McDermott, M., Mitchell, C., Brooks, E., Hasnain, M., **Gruss, V.** Coats, B., Bonecutter, G., (co-investigator), M01HP31358-01-00 for Behavioral Health Workforce Education and Training (BHWET) Program, *Integrated Behavioral Health Care Training for Social Workers*, HRSA, Sept. 30, 2017 – Sept. 29, 2021 \$1,919,894 (3 years)

Berry, J. (PI), **Gruss, V.** (Co-Investigator) *Advancing Interprofessional Education & Clinical Expertise Using Technology Initiatives in Advanced Practice Nursing*. Health Resources & Service Administration, 2012-2015, \$980,000

**Gruss, V.** (PI), *Examining nursing home staff attitudes towards residents' sexuality, sexual orientation, gender identity and expression*, Gerontological Advanced Practice Nurses Association Foundation, 2015, \$2,000.

Burgener, S. (PI), **Gruss, V.** (Co-Investigator), *Comprehensive Geriatric Education Program*, Health Resources & Service Administration, #D62HPO1899, 2009-2011

**Gruss, V.** (Co-PI), *Antipsychotic Medication Use Among the Elderly*, Gerontological Advanced Practice Nurses Association, Chicago Chapter. 2010, \$500.

**Gruss, V.** (Principal Investigator). *Building Academic Geriatric Nursing Capacity (Pre-Doctoral Fellowship)*. The John A. Hartford Foundation, 2001-2003, \$100,000

### **Intramural:**

Gruss, V. (Co-Investigator), C. Mitchell (PI). *Development of a Video Library for Team-Based, Patient-Centered Interprofessional Education*. Council on Excellence in Teaching and Learning, University of Illinois at Chicago, Chicago, Illinois, 2012-2015, (\$5,000)

### **TECHNOLOGICAL INNOVATIONS & DISCOVERIES**

**Gruss, V.** (PI), Hasnain, M., Koronkowski, M. Mobile Software Application: "*Dementia Guide Expert*". Mobile App, Spanish Version, available in iOS Apple App Store and for Android on Google Play (2018)

**Gruss, V.** (PI), Hasnain, M., Koronkowski, M. Mobile Software Application: "*Dementia Guide Expert for families*". Mobile App available in iOS Apple App Store and for Android on Google Play (2016)

**Gruss, V.** (PI), Hasnain, M. (Co-PI), *Online Accredited Learning in Interprofessional Geriatrics*, online training modules for healthcare professionals. Available through website: engageil.com (2017)

**Gruss, V.** (PI). Mobile Software Application Patent: “*Behavioral Symptoms of Dementia*” downloadable App. Software registered at the Library of Congress by UIC Office of Technology Management. Invention Identification number DF092. App is available in iOS Apple App Store and for Android at Google Play. (2012)

**Gruss, V.**, Raszewski, R., Prater, V., Valenta, A., Keehn, M. et. Al. Resource Guide Portal for Interprofessional Education: <https://reserachguides.uic.edu/ipeuic> (Available on-line) 2012

## **PUBLICATIONS**

Kottorp, A., Keehn, M., Hasnain, M., **Gruss, V.**, Peterson, E. Instrument Refinement for Measuring Self-Efficacy for Competence in Interprofessional Collaborative Practice: Development and Psychometric Analysis of IPECC-SET 27 and IPECC-SET 9. *Journal of Interprofessional Care* [In Press, 8/2018]

Mitzen, P., **Gruss, V.** American Society on Aging, *Aging Today, Aging Services Go Global-From Shanghai to Chicago and Back*, (May 18, 2018)

Peterson, E., Koronkowski, M., Hasnain, M., & **Gruss, V.** (2017, Oct/Nov/Dec). UIC’s Geriatrics Workforce Enhancement Program “ENGAGE-IL” Leads to Educational Opportunities for Occupational Therapy Practitioners. *The Illinois Occupational Therapy Association Communiqué*, 4, 6-7.

Hasnain, M., Keehn, M., **Gruss, V.**, Koronkowski, M., Altfeld, S., Mitchell, C., Association for Prevention Teaching and Research, APTR/CDC IPE Small Grant Program, UIC *Transforming Health Disparities through Interprofessional Education, Research and Service*. APTR Academic Innovation Models website. <http://www.academicinnovationmodels.org/interprofessional.html>

McCann, P, Lewis, A., **Gruss, V.**, (2017) Antipsychotic Medication Use in Illinois Skilled Nursing Facilities: A Rational Approach to Change, *The Director*, Patient & Resident Safety Issue, 2017

Hasnain, M., **Gruss, V.**, Keehn, M., Peterson, E., Valenta, A. L., & Kottorp, A. (2017). Development and Validation of a Tool to Assess Self-Efficacy for Competence in Interprofessional Collaborative Practice. *Journal of Interprofessional Care*, 31(2), 255-262.

Lee, C. H., **Gruss, V.**, Stuercke, M., & Ryan, C. J. (2016). Relation of Stop and Watch Tool Use in a Skilled Nursing Facility to 30-Day Hospital Transfer Rates. *Jour Nursing Home Res*, 2, 104-109.

Oosterhouse, K. J., Vincent, C., Foreman, M. D., **Gruss, V.**, Corte, C., & Berger, B. (2016). Intensive Care Unit Nurses’ Beliefs About Delirium Assessment and Management. *AACN Advanced Critical Care*, 27(4), 379-393.

Koplow, S., Gallo, A., Knafel, K., Vincent, C., Paun, O., **Gruss, V.** *A Case Study Approach to Nursing Home Placement: Smooth and Difficult Cases and Implications for Nursing*, *Journal of Gerontological Nursing*, 41(7), 58-64.

Koplow, S., Gallo, A., Knafel, K., Vincent, C, Paun, O., **Gruss, V.** (2015) *Family Caregivers Define and manage the Nursing Home Placement Process*, Journal of Family Nursing, DOI: 10.1177/1074840715571365

**Gruss, V.** (2009) *"I think there's a worm in my throat- GERD"*, The Nurse Practitioner, DOI: 10.1097/01.NPR.0000363581.44493.25

**Gruss, V.**, McCann, J.J., Edelman, P., Farran, C.J. (2004) *Job stress among nursing home certified nursing assistants: Comparison of empowered and non-empowered work environments.* Alzheimer's Care Quarterly, 5(3), 207-216.

### **BOOK CHAPTERS**

Gruss, H., **Gruss, V.** (2018) Chapter 15: Malingering, Noncompliance and Secondary Gain, Neurological Malingering, Hirsch, A., CRC Press (1<sup>st</sup> Edition).

**Gruss, V.**, (2012) *"Chapter 28: Using Current System Models to Guide Care"*, Gerontological Nursing: Competencies for Care", Mauk, K. (3<sup>rd</sup> Edition)

### **EXPERT TESTIMONY**

Professional Testimony before the State of Illinois' Human Services Commission Rebalancing Workgroup. (2013). *Building Community Capacity-Best Practices & Lessons Learned.* Expert panelist providing recommendations and discussed issues concerning the health care issues and needs of medically complex individuals living in the community.

### **PROFESSIONAL COMMUNITY SERVICE** ‡invited

- 2018-2019 **Gruss, V.**, Social Justice and Community Disparities Working Group, contribution to planned anthology
- 2017-2019 **Gruss, V.**, Interprofessional Approaches to Health Disparities (IAHD) Faculty Community-based Participatory Research Advisor
- 2017 ‡**Gruss, V.**, *"Collaborative Approaches to Critical Event Reporting"*, 2017 Adult Protection & Advocacy Conference, Adult Protective Services of Illinois, Springfield, Il, September 27, 2017
- 2017 ‡**Gruss, V.**, Berkes, M., *"Don't Judge a Book by its Cover: Why is my Participant Acting this Way?"*, Adult Protection & Advocacy Conference, Adult Protective Services of Illinois, Springfield, Il, September 27, 2017
- 2015 ‡**Gruss, V.**, *Self-Neglect*, Invited by the Illinois Adult Protection & Advocacy Department. Presented webinar. December 14, 2015. Audience included over 100 administrators and case workers
- 2014 ‡**Gruss, V.**, *Health Literacy and Dementia*, Invited by the 2014 Adult Protection & Advocacy Conference, Oakbrook, Illinois. Note: Audience included policy makers, administrators and case workers

2013 ‡Gruss, V., *Clinical Approaches to the Patient with Special Needs*, Invited by the Veterans Administration Hospital, Chicago, Illinois

**PRESENTATIONS at Professional Meetings:** (Presenting author underlined,\*Research abstract/paper/poster presentation at professional meetings, ‡ Invited presentations)

### **International**

‡S. Altfeld, V. Gruss and M. Hasnain “Challenges for Sustainable Care: Growing the Geriatric Workforce in the U.S.-Engage-IL, University of Tsukuba (Japan), Global Science Week, September 21, 2018

‡Gruss, V., Hasnain, *Integrating Community-based Interprofessional Care and Health Services to Optimize Health & Well-Being of Older Adult*, Chicago Sister Cities International Symposium, Chicago, Illinois, August,2018

‡Gruss, V., Hasnain, M., Keynote Presentation, *Interprofessional Approaches to Optimizing Health of Older Adults Across the Globe: The Chicago-Shanghai International Social Service Exchange*. World health Day Celebration, April 2, 2018

‡Gruss, V., *Primary Care Responsibilities for Elders and the Shanghai Services Exchange Program*, Anhui Province China Delegation, University of Illinois at Chicago, Chicago, Illinois, January 2018

‡Gruss, V., *Primary Care Responsibilities for Elders and the Shanghai Services Exchange Program*, Anhui Province China Delegation, University of Illinois at Chicago, Chicago, Illinois, January 2018

‡Gruss, V., Hasnain, M., Koronkowski, M., *Digital Tools to Empower Persons with Dementia, their Families, and Clinicians: Creating a Dementia Care Mobile App*, International Dementia Scholars Collaborative Forum, November 10, 2017

Peterson, A., Kottorp, A., Gruss, V., Keehn, M., Valenta, A., Hasnain, M. Development and Psychometric Testing of a New Instrument Assessing Self-Efficacy in Ability to Function Collaboratively in Interprofessional Teams, Council of Occupational Therapists for European Countries (COTEC), European Network of Occupational Therapy in Higher Education (ENOTHE\_ Congress 2016, Galway, Ireland, June 2016

‡Gruss, V. International Dementia Scholars Collaborative Forum, “*Managing Hospitalized Dementia Patients*, Grand Valley State University, Grand Rapids, Michigan, July 2015

Gruss, V., Keehn, M., Collaborating Across Borders (CAB) IV, Interprofessional Collaboration: Transformative Change: From the Classroom to Practice Conference. *Interprofessional Care Across the Care Continuum: A Case Based Learning Strategy to Improve Understanding and Attitude*, Vancouver, British Columbia, June 2013

‡Gruss, V., Burgener, S., International Dementia Scholars Collaborative Forum: University of Virginia, *A Downloadable Application of an Algorithm: Evidence Based Treatment of Behavioral Symptoms of Dementia*, Charlottesville, Virginia, June 2013

‡**Gruss, V.**, Queensland Dementia Training Study Centre and International Dementia Scholars Collaborative Forum, *Brisbane, Australia, A Downloadable Mobile App: Evidence Based Treatment of Behavioral Symptoms of Persons with Dementia*, Brisbane, Australia,,June 2012

‡**Gruss, V.**, Queensland Dementia Training Study Centre and International Dementia Scholars Collaborative Forum, *Cairns, Australia, A Downloadable application of an algorithm: Evidence Based Treatment of Behavioral Symptoms of Persons with Dementia*, Cairns, Australia, June 2012

## **National**

Kottorp, A., Keehn, M., Hasnain. M., **Gruss, V.**, Peterson, E., Validation of a Scale to Measure Self-Efficacy in Interprofessional Collaborative Practice Among Health Care Science Students AOTA Conference

**Gruss, V.**, Hasnain, M., Creating the Healthiest Older Adult Population: Preparing the Future Geriatric Primary Care Workforce. American Public Health Association, PHA 2018 Annual Meeting & Expo, San Diego, CA. (submitted)

Hasnain, M., **Gruss, V.**, Koronkowski, M., Peterson, E., Altfeld, S., Trocino, A., Transformative Education to Build the Geriatric Workforce: Lessons Learned from an Interprofessional Scholars and Leaders Program. American Public Health Association, PHA 2018 Annual Meeting & Expo, San Diego, CA. (submitted)

Hasnain, M., Koronkowski, M., **Gruss, V.**, Altfeld, S., Rajagopal, N., Torres, G., (Nov. 2018) Transforming Health Disparities through Interprofessional Education and Community-based Participatory Research. American Public Health Association, PHA 2018 Annual Meeting & Expo, San Diego, CA. (submitted)

‡**Gruss, V.** (May 2018) University of Illinois GWEP: Digital Innovations, AGS Annual Meeting Nurses Breakfast, American Geriatrics Society, 2018 Annual Scientific Meeting, Orlando, Florida

**Gruss, V.**, Hasnain, M. (May 2018) Preparing the Future Geriatric Primary Care Workforce: An Online Interprofessional Education and Collaborative Practice Program. American Geriatrics Society, Conference, Orlando, FL. (Accepted)

Hasnain, M., **Gruss, V.** (May 2018) Transformative Education to Build the Interprofessional Primary Care Geriatrics Workforce. American Geriatrics Society, Conference, Orlando, FL. (Accepted)

**Gruss, V.**, Hasnain M. (May 2018) Preparing the Future Geriatric Primary Care Workforce: An Online Interprofessional Education and Collaborative Practice Program. 51<sup>st</sup> Annual Spring Conference of the Society of Teachers of Family Medicine, Washington, DC. (Accepted)

Hasnain, M., **Gruss, V.** (May 2018) Campus-Community Partnership to Engage Older Adults in Participatory Health Education and Empowerment. 51<sup>st</sup> Annual Spring Conference of the Society of Teachers of Family Medicine, Washington, DC. [Accepted Seminar]

**Gruss, V.**, Hasnain M. (May 2018) *Digital Tools to Empower Clinicians and Learners in Interprofessional Geriatrics: Creating a Dementia Care Mobile App*. 51<sup>st</sup> Annual Spring Conference of the Society of Teachers of Family Medicine, Washington, DC. [Accepted lecture-discussion]

Kottorp, A., Keehn, M., Hasnain, M., **Gruss, V.**, Peterson, E. Validation of a scale to measure self-efficacy in interprofessional collaborative practice among health care sciences students. The American Occupational Therapy Association (AOTA) Annual Conference and Expo, Salt Lake City, UT. April 2018.

Kottorp, A., Keehn, M., Hasnain, M., **Gruss, V.**, Peterson, E. Comparing self-efficacy in interprofessional collaborative practice among health care sciences students. The American Occupational Therapy Association (AOTA) Annual Conference and Expo, Salt Lake City, UT. April 2018.

Hasnain, M., **Gruss, V.** *Transforming Healthcare through Technology: ENGAGE-IL Online Accredited Training and Dementia App*. Alzheimer's Association Annual Research Symposium. Educate. Ignite. Integrate, Chicago IL., November, 2017

**Gruss, V.**, Koronkowski, M., Hasnain, *Connecting the Dots: Participatory Health Education and Empowerment Program with Community-Dwelling Older Adults*, Gerontological Advanced Practice Nurses Association Annual Conference, Nashville, Tennessee, October 7, 2017

Hasnain, M., **Gruss, V.**, Koronkowski, M.J., Peterson, E., Baccellieri, A., *Transforming Health Professions Education to Build the Interprofessional Primary Care Geriatrics Workforce*, American Geriatrics Society, Presidential Poster Session, San Antonio, Texas, May 18, 2017

**Gruss, V.**, Hasnain, M., Koronkowski, M.J., Baccellieri, A., *Transforming Healthcare with Mobile Devices: A "Dementia Guide" App for Persons with Dementia and Caregivers*, American Geriatrics Society, Product Showcase, San Antonio, Texas, May 18, 2017

**Gruss, V.**, Hasnain, M., Zarrieneh, A., Koronkowski, M.J., Baccellieri, A. *Connecting the Dots: Participatory Health Education and Empowerment Program with Older Adults*. American Geriatrics Society (AGS) Annual Scientific Meeting. San Antonio, TX. May, 2017

Barnes, S., Berg-Weger, M., Emery, E., Golden, R., **Gruss, V.**, Hasnain, M., Molony, J., Newman, M., Thompson K. *Best Practices for Integrating Geriatrics into Primary Care: Working with CBOs and the Aging Network*, ENGAGE-IL, American Society on Aging, Aging in America Conference, Chicago, Illinois, March 20, 2017

Zarrieneh, A., **Gruss, V.**, *Improving Self-Efficacy Among Community Dwelling Older Adults: An Educational Medication Management Intervention*, American Society on Aging, Aging in America Conference, (poster), Chicago, Illinois, March 23, 2017

Tozer CM, **Gruss, V.**, Hacker, E. Keehn, M. "Impact of an IPE Immersion Experience on Undergraduate and Graduate Nursing Students and Third Year Medical Students," American Association of Nurse Practitioners, 2016 National Conference, San Antonio, Texas, 2016

Adams-Wynn, **Gruss, V.**, Western Institute of Nursing Conference, Interprofessional Health Care Summit, *IP Teams: The Role of Students' Cultures on Attitudes and Readiness*, Albuquerque, New Mexico, April 2015



‡**Gruss, V.**, Keehn, M., Hasnain, M., American Medical Student Association/Training Ground Conference. *There is an “I” in medicine: The Challenge of Ego, Hierarchy, and Institutional Barriers to Interprofessional Education—and How We’re Going to Overcome Them*, Chicago, Illinois, 2014

Tozer, C., **Gruss, V.**, Keehn, M., All Together Better Health VII Conference. *Impact on an Interprofessional Education Program on Undergraduate and Graduate Nursing Students*, poster, Pittsburgh, Pennsylvania, 2014

‡**Gruss, V.**, Wang, C., O’Shea, K., Gerontological Advance Practice Nurses Association, *Developing an Evidence Based Practice Project, Pre-Conference Workshop*, Savannah, Georgia, Sept. 2013

Prater, V., **Gruss, V.**, Valenta, A., Faculty Development Institute & Assembly on Education, *Interprofessional Course Experience: Roles for Health Information Professionals*, Herndon, Virginia, July 2013

‡**Gruss, V.**, Wang, C., O’Shea, K. Gerontological Advance Practice Nurses Association September 2012. Invited Presentation: *Developing an Evidence Based Practice Project in The Real World*, Las Vegas, Nevada, Sept. 2012

**Gruss, V.**, Gerontological Advance Practice Nurses Association. Poster: *A downloadable Application of an Algorithm: Evidence Based Treatment of Behavioral Symptoms of Dementia*, Las Vegas, Nevada, Sept. 2012

Schoen, M., **Gruss, V.**, Keehn, M., Peterson, E., Valenta, A., American Association of Colleges of Pharmacy, *Development of Coordinated Interprofessional Education Activities For Health Professions Students from 10 Disciplines Using Standardized Patients*, San Antonio, Texas. Poster. July 2012

Sabol, V. Farrar, C., **Gruss, V.**, Wang C. Gerontological Advance Practice Nurses Association. National Conference Pre-Conference Workshop: *Research Project Preparation Workshop” “Moving your Project into Reality: Confer with the Experts”*, Washington, D.C. Sept. 2011

‡Byrd, L. Cacchione, M. Galik, E., **Gruss, V.** Miller, J. Rapp, Resnick, B. Gerontological Advance Practice Nurses Association, National Conference: Invited Presentation: *How to Design, Fund and Implement a Clinical Project: Investigating Clinical Questions in the Real World*, Albuquerque, New Mexico, Sept. 2010

Schoen, M., **Gruss, V.** American College of Clinical Pharmacy (ACCP), Practice and Research Forum, *Development of an Inter-professional education (IPE) workshop module*, Seattle, Washington, July 2010

**Gruss, V.** National Organization of Nurse Practitioner Faculty, *Creating an Interprofessional Education (IPE) Workshop Module*, Washington D.C. April 2010

**Gruss, V.**, Center for American Nurses, LEAD Summit Conference 2009, *Relation of Empowerment to Job Satisfaction Among Nursing Home Staff*, Orlando, Florida, June 2009

**Gruss, V.** National Conference of Gerontological Nurse Practitioners, *Relation of Work Empowerment to Job Satisfaction and Absenteeism among Dementia-Care Certified Nursing Assistants in Long-Term Care Facilities*, St. Louis, Missouri, Sept. 2008

## **REGIONAL:**

Tozer, C., **Gruss, V.**, Keehn, M. *Impact of an Interprofessional Education Immersion Experience on Undergraduate Nursing Students, Graduate Nursing Students and Third Year Medical Students*. Interprofessional Education and Collaborative Practice Scholarship Symposium, Chicago, Illinois, April 27, 2018.

Kottorp, A., Peterson, E., Hasnain, M., **Gruss, V.**, Keehn, M. *Comparing Self-efficacy in Interprofessional Collaborative Practice Among Health Science Students*, Interprofessional Education and Collaborative Practice Scholarship Symposium, Chicago, Illinois, April 27, 2018.

Hasnain, M., Altfeld, S., **Gruss, V.**, Hobbs, K., Jarrett, J., Koronkowski, M. Oyola, S., Perry, A., Rajagopal, N., Torres, G., *Preparing the Future Health Workforce to Transform Health Disparities through Interprofessional Education and Community-Participatory Research* Interprofessional Education and Collaborative Practice Scholarship Symposium, Chicago, Illinois, April 27, 2018.

Hasnain, M., Keehn, M., **Gruss, V.**, Peterson, E., Kottorp, A., *Development and Validation of a Tool to Measure Self-efficacy in Interprofessional Collaborative Practice*. Interprofessional Education and Collaborative Practice Scholarship Symposium, Chicago, Illinois, April 27, 2018.

Kottorp, A., Keehn, M., Hasnain, M., **Gruss, V.**, Peterson, E. *Validation of a Scale to Measure Self-Efficacy in Interprofessional Collaborative Practice Among Health Science Students*, Interprofessional Education and Collaborative Practice Scholarship Symposium, Chicago, Illinois, April 27, 2018.

‡**Gruss, V.**, Keynote Speaker, 24<sup>th</sup> Annual Nursing Research Council, Memorial Medical Center, Springfield, Illinois, scheduled for March 26, 2018

‡Mitzen, P., Kozak, B., **Gruss, V.**, Hasnain, M. Martin, S., American Society on Aging, ASA Regional Event, ASA Chicagoland Roundtable, *Sister Cities International Social Service Exchange to Optimize the Well-being of Older Adults in Chicago and Shanghai: Reflections from the 2017 Delegate*, December 1, 2017

**Gruss, V.**, Hasnain, M. *Sexuality and the Older Adult*, Illinois Medical Director's Association, Annual Conference, Oakbrook, Illinois, September, 2017

‡**Gruss, V.**, "Partnering for Success", UIC Training Institute Colbert-Williams Decree, Keynote, Provider Panel and Facilitator, Chicago, Illinois, September 14, 2017

‡**Gruss, V.** *Dementia and Delirium*, Illinois Department on Aging, Neurology Training, Chicago, Illinois, May 5, 2017

**Gruss, V.** Caputo, J., Cevenka, T., Dwyer, S., "College of Nursing Mobile App Collaboration" IT Professionals Forum, Chicago, Illinois, May 24, 2016

Tozer CM, **Gruss, V.**, Hacker, E. Keehn, M. “*The Effect of an Interprofessional Education Experience on Nursing Students’ and Medical Students’ Perceived Knowledge/Understanding of the Roles of Health Care Disciplines,*” UIC-CON DNP Student Representative, Midwest Nursing Research Society, Annual Meeting; Milwaukee, WI, 2016

Tozer, C., **Gruss, V.**, Hacker, E. Keehn, M., Illinois Society of Advanced Practice Nurses, “*The Effects of and Interprofessional Education Immersion Experience,* 2015

**Gruss, V.** Mayo Clinic Nursing Education Conference, *Relation of Empowerment to Job Satisfaction and Turnover Among Nursing Home Staff,* Rochester, Minnesota, March 2010

**Gruss, V.**, Florida Medical Directors Association/American Medical Directors Association Best Care Practices in the Geriatrics Continuum 2008, Annual Conference, *Relation of Empowerment to Job Satisfaction Among Nursing Home Staff,* Orlando, Florida, 2008

**Gruss, V.**, Midwest Nursing Research Society Conference, Poster Presentation: *Relation of Work Empowerment to Job Satisfaction and Absenteeism among Dementia-Care Certified Nursing Assistants in Long-Term Care Facilities,* Indianapolis, Indiana, March 2008

#### **LOCAL:**

**Gruss, V.** “*The LGBTQ Older Adult*”, Chicagoland Gerontological Advance Practice Nurses Association, August, 2018

**Gruss, V.**, “*Clinical Approaches to the Dementia Patient*”, Grand Rounds, Sinai Health Systems, Chicago, Illinois, May 17, 2018

**Gruss, V.**, Hasnain, M., *Developing the Future Geriatric Primary Care Workforce through Interprofessional Education and Collaborative Practice,* University of Illinois at Chicago, Department of Family Medicine, Scholarship Day 2018, May 23, 2018

Hasnain, M., **Gruss, V.**, *Transformative Health Professions Education in Geriatrics to Build the Interprofessional Primary Care Workforce,* University of Illinois at Chicago, Department of Family Medicine, Scholarship Day 2018, May 23, 2018

**Gruss, V.**, Hasnain, M., *Empowering Clinicians, Patients and Caregivers: Creating a Dementia Care Mobile App,* University of Illinois at Chicago, Department of Family Medicine, Scholarship Day 2018, May 23, 2018

Alam, B., Nagel, E., Ogunbile, O., **Gruss, V.**, *Healthcare Empowerment Workbooks for Residents at Pat Crowley House,* University of Illinois at Chicago, Department of Family Medicine, Scholarship Day 2018, May 23, 2018

Hasnain, M., Altfeld, S., Chacko, R., **Gruss, V.**, Hobbs, K., Jarrett, J., Koronkowski, M., Oyola, S., Perry, A., Rajagopal, N., Torres, G., *Interprofessional Approaches to Health Disparities: Preparing the Future Health Workforce through Community-based Participatory Research,* University of Illinois at Chicago, Department of Family Medicine, Scholarship Day 2018, May 23, 2018

‡**Gruss, V.**, Hasnain, M., Keynote Address: *Interprofessional Approaches to Optimizing Health of Older Adults Across the Globe: The Chicago-Shanghai International Social Service*

*Exchange. World Health Day Celebration, UIC, Chicago, Illinois April 2, 2018*

Alam, B., Ogunsile, O., Nagel, E., **Gruss, V.**, *Healthcare Empowerment Workbooks for Residents at Pat Crowley House*, poster, Interprofessional Approaches to Health Disparities Showcase, UIC, Chicago, Illinois, March 15, 2018

‡**Gruss, V.**, *Healers for Humanity*, Panelist, University of Illinois at Chicago, College of Medicine, February 6, 2018

‡Hasnain, M., **Gruss, V.**, *Research Summer Opportunities in Geriatrics*, University of Illinois at Chicago, College of Medicine, October 30, 2017

**Gruss, V.**, *Dementia and Delirium*, Illinois Department on Aging, Neurology Training, Chicago, Illinois, May 5, 2017

‡Hasnain, M., **Gruss, V.**, Perry, A., Asmal, A., *Transforming Health Professions Education and Practice in Geriatric Primary Care: The UIC ENGAGE-IL Journey*, University of Illinois at Chicago, Department of Family Medicine, Scholarship Day, May 24, 2017

‡**Gruss, V.**, “*Stepping Out of Your Comfort Zone*”, University of Illinois at Chicago, Student Affairs, April 13, 2017

‡**Gruss, V.**, *Interprofessional Teamwork: Special Considerations in Working with Vulnerable Populations*, Patient-Centered Medicine, University of Illinois at Chicago, December 1, 2016

‡**Gruss, V.**, Interprofessional Education and Collaboration “*Building Leaders*” series, University of Illinois at Chicago College of Medicine, *The Road Less Travelled: Primary Care Geriatrics*, September 8, 2016

‡**Gruss, V.**, Chicagoland Gerontological Advance Practice Nurses Association, *Money Follows the Person/Pathways to Community Living in Illinois*, Chicago, Illinois, August 2016

‡**Gruss, V.**, Schwab Rehabilitation Hospital, Sinai Health Systems, Grand Rounds, *Decisional Capacity & Advance Directives*, Chicago, Illinois, June 2016

Tozer CM, **Gruss, V.**, Hacker, E. Keehn, M. “*The Effect of an Interprofessional Education Experience on Nursing Students’ and Medical Students’ Perceived Knowledge/Understanding of the Roles of Health Care Disciplines*,” University of Illinois-Chicago, College of Nursing, 2016 Student Poster Presentations Event, 2016

McCann, P., **Gruss, V.**, Chicagoland Gerontological Advanced Practice Nurses Association, *Antipsychotic Reduction in Skilled Nursing Facilities*, November 11, 2015, Chicago, Illinois

‡**Gruss, V.**, **Skorowski, L.**, University of Illinois at Chicago Medical Center, Grand Rounds. *Clinical Approaches to Patients with Special Needs: The Dementia Patient, the Hearing Impaired, and the Visually Impaired Patient*, Chicago, Illinois, November 2012

‡**Gruss, V.**, Chicagoland Gerontological Advance Practice Nurses Association, *Evidence Based Treatment of Behavioral Symptoms of Persons with Dementia*, Chicago, Illinois, Nov. 2012

‡**Gruss, V.**, UIC Medical Center, Grand Rounds. *Part 2: Implementing your Evidence Based*

*Project*, Chicago, Illinois, Oct. 2012

‡**Gruss, V.**, UIC Medical Center, Grand Rounds. *Part 1: Implementing your Evidence Based Project* Chicago, Illinois, Sept. 2012

‡**Gruss, V., Anderson, J.** University of Illinois Hospital: Grand Rounds: *The 3 D's: Delirium, Dementia & Depression*, Chicago, Illinois, Oct. 2011

‡**Gruss, V.**, The University of Illinois at Chicago. Institute for Health Care Innovation, *Clinical Liaisons Project: Collaboration Among UICMC APNs and CON Faculty*, Panelist: Note: Both Presenter and Developer of Project, Chicago, Illinois, August 2011

**Gruss, V.** The Power of Evidence-Based Practice: Creating & Sustaining a Culture of Inquiry Conference, The University of Illinois at Chicago, Institute for Health Care Innovation Panelist: *Evidence Based Practice in Caring for the Older Person*, Note: Both Presenter and Session Planner, Chicago, Illinois, May 2009

## **WEBINAR PRESENTATIONS**

‡**Gruss, V.**, Author and Presenter, Illinois Department on Aging, Illinois Department of Rehab Services, and Illinois Department Mental Health:

### *Chronic Disease Management Online Training Webinar Series\**

HIV AIDs (August, 2018)

Hepatitis A, B, & C (July 2018)

COPD and Asthma Management (May 2018)

Palliative & Hospice Care (May 2018)

Fall Risk and Prevention (February 2018)

Self-Neglect (September 2015)

Medication Management (March 2015)

Dementia and Health Literacy (April 2014)

GU/GI: GERD, UTIs, Constipation (Feb. 2014)

HIV/AIDS, (January 2014)

Traumatic Brain Injury: Assessment & Management (November 2013)

Incontinence & Pressure Ulcers (May 2013)

Heart Failure & COPD (April 2013)

\*Each webinar presentation is 2 hours and awards continuing education credits

## **NEWS and MEDIA**

Vital Signs, "Nurses Who Lead" issue. "A *Chicago Nurse in Shanghai*", Winter 2018, Volume 32, Number One. (Feature story about my role as a delegate to China)

‡Invited Radio Interview: **Gruss, V.** Dr. Allen-Meares' Health Literacy Radio Show, May 22, 2018, UIC Radio Broadcasting, uicradio.org

Vital Signs, 'Nurses Who Lead' issue, "A *Chicago Nurse in Shanghai*", Winter 2018, Volume 32, Number One. (Feature story about my role as a delegate to China)

‡Invited Colloquia: **Gruss, V.**, *The Effect of Baby Boomers on the Healthcare System*, Radio Broadcast WNIJ –FM, Dan Klefstad, Morning Edition Host, Chicago, Illinois, March 2011

‡Invited Panelist: **Gruss, V.**, *Is the Healthcare Workforce Prepared for the Aging Tsunami?* Association of Health Care Journalists, Health Journalism Conference, Chicago, Illinois, 2010

## **PROFESSIONAL ACTIVITIES**

### **GRANT REVIEWER**

International Grant, The Netherlands Organization for Health Research and Development

Title 835: Programme: The Deltaplan for Dementia

Project Title: *FindMyApps: Effectiveness of User Satisfaction of a person-centered intervention to help people with mild dementia find and use suitable apps that support their self-management and social participation*

May, 2017

### **MANUSCRIPT-ABSTRACT REVIEWER**

Manuscript Reviewer for:

Progress in Community Health Partnerships: Research, Education and Action, August 2018

*“Improving Alzheimer’s Disease Awareness: The Impact of Pharmacy Students as Community Educators”*

Manuscript Reviewer for:

Journal of Interprofessional Care, April 2018

*“Assessing Student Perceptions of Interprofessional Learning Through a Student Led Organization”*

Manuscript Reviewer for:

*Journal of Interprofessional Care* (2013, 2014)

*American Journal of Critical Care* (2010)

*Progress in Community Health Partnerships: Research, Education, and Action* (2015)

Abstract Reviewer, Gerontological Advance Practice Nurses Association,

Annual conference abstract reviewer: 2013-2018

### **BOOK CHAPTER REVIEW**

Touhy & Jett, *Toward Healthy Aging*, 8 e. Four Chapters: ‘Chapter 11: Basic Needs’; ‘Chapter 13: Environmental Safety & Security’; ‘Chapter 14: Nutrition and Hydration’; ‘Chapter 15: Wellness and Function’ (2010)

## **Professional Service, Membership on Professional Organizational Committees/Boards:**

### **Boards**

*International*

- 2011 - Present International Dementia Scholars Collaboration (IDSC), Member
- National
- 2013 - Present Center for Medicare & Medicaid (CMS), *National Partnership To Improve Dementia Care in Nursing Homes*, Member
- Regional
- 2018 - Present National Association of Social Workers, Illinois Chapter, *Older Adult Special Interest Group*
- 2014 - Present Illinois Task Force, *Reducing antipsychotic medications among the elderly*, Member

### **University**

- 2018 University of Illinois at Chicago, Interprofessional Education, Collaborative Practice & Scholarship Symposium, Symposium Planning Committee, April, 2018
- 2016- present University of Illinois at Chicago, *Center for Research on Health and Aging*
- 2016-present Member, Vice Chancellor's, *Interprofessional Education Steering Committee*
- 2014-2015 Member, UIC Vice-Provost's *Strategic Planning Committee for Interprofessional Education*. Inaugural committee.
- 2009-present Co-Coordinator, Core Founding Member, Pilot Workshop Faculty, Member of Planning Committee, Simulation Committee, Curriculum Committee, and Evaluation Committee of the University of Illinois Chicago, *Collaborative for Excellence in Interprofessional Education (CEIPE)* faculty group
- 2009-2012 Co-Chair, UIC Medical Center, *Advance Practice Nursing Council*
- 2009-2012 Member, UIC Medical Center, *Coordinating Council Shared Leadership*
- 2009-2012 Member, University of Illinois Chicago, College of Nursing, *Evidence Based Practice Committee*
- 2009-2011 Facilitator, UIC Medical College, *Interprofessional Training for M2 Students*

### **College**

- Jan. 2018- Dec. 2018 Visiting Scholar, Chanhee Kim, Seoul National University, College of Nursing, Mentoring for one year
- Sept, 2017 Visiting Scholar, Ritzmond Loa, Thammasat University, Thailand, Meetings on Geriatrics

Sept. 2016	Visiting Scholar, University of Tsukuba, Tsukuba, Japan, Meetings on Geriatrics
November, 2016	Visiting Scholar, Trude Haugland, Diakonova, University, Oslo, Norway, Meetings on Geriatrics and interprofessional education
2014-present	Liaison, The National Hartford Center for Gerontological Nursing Excellence
2009 - 2012	University of Illinois at Chicago, College of Nursing, Evidence Based Practice Committee, Member
2011 - 2011	University of Illinois at Chicago, College of Nursing, Instructional Delivery Methods Task Force, Member

### **Department**

2015 – Present	Department Faculty Search Committee, Biobehavioral Science Department, University of Illinois at Chicago, College of Nursing, Member
2009-2010	Member, Clinical Peer Review Committee, Biobehavioral Sciences Department, University of Illinois at Chicago, College of Nursing

### **Professional Organizations**

2015 – Present	American Society on Aging
2015- Present	American Geriatrics Society
2015 – Present	Society for Post-Acute and Long-Term Care Medicine (AMDA)
2014- Present	Illinois Medical Directors Association
2009-present	Member, Geriatric Advance Practice Nurses Association, Research Committee, Co-Presenter Research Workshop 2010, 2011, 2012, 2013
2009-2012	Chair and Member Nominating Committee of Chicagoland Gerontological Advance Practice Nurses
2008 - Present	National Organization of Nurse Practitioner Faculties
2007 - Present	Midwest Nursing Research Society
2008 – 2014	American Nurses Association, Member
2001 - Present	Gerontological Society of America, Member



## **TEACHING EXPERIENCE (University of Illinois Chicago)**

### **UIC graduate and undergraduate courses** (NP = Nurse Practitioner, course title italicized)

- 2009-present Course Coordinator and Instructor: NURS 534 *Management of Health & Illness, Adult/Geriatrics Primary I*, Fall semesters (3 SEM). Core graduate NP course. Course content: Primary Care Medicine for Adults and Older Adults
- 2009-present Course Coordinator and Instructor: NURS 535 *Management of Health & Illness: Adult/Geriatrics Primary Care II*, Spring semesters (3 SEM). Core graduate NP courses. Course content: Primary Care Medicine for Adults and Older Adults
- 2009-present Course Coordinator and Instructor: NURS 408 *Integrated Health Care: Adult/Older Adult*, Summer semesters (5 SEM)). Core course. Course content: Adult and Geriatric Medical-Surgical Nursing.
- 2013-present Co-Coordinator, Interprofessional Education Immersion Day, University of Illinois Chicago at Chicago campus. Facilitator/Attendee at Rockford and Peoria campuses.
- 2009-2012 Course Coordinator and Instructor: NUSP 375 *Concepts & Processes in Older Adult Health* (3 SEM). Undergraduate core course. Course content: Geriatric Nursing
- 2013-2014 Guest Lecturer: *Managerial Strategies in Nursing Administration* (NUSP 503) Lecture: "Basics of Billing & Coding for the Advance Practice Nurse"
- 2012-2014 Guest Lecturer, NURS 397 *Issues in Nursing Practice*. (NURS 397) Core Nursing Program. Lecture: "Medicare & Medicaid"
- 2014-2016 Guest Lecturer, *Applied Pharmacology* (NURS 533) Core graduate NP course. Lecture: "Special Considerations in Geriatric Prescribing
- 2016-2017 Guest Lecturer, NURS 397, *Issues in Nursing Practice*, Lecture: "Transition Program: Money Follows the Person"
- 2016 Guest Lecturer: BHIS 531 *HIT in Collaborative Practice: Nursing*, January 31, 2017