

## CYNTHIA TAYLOR HANDRUP

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### EDUCATION

DNP, University of Colorado Denver, College of Nursing, Denver, CO

DNP project: *The Effects of Routine Therapeutic Alliance Monitoring on Psychotherapy Outcomes: Results of a Quality Improvement Project*

MSN, St. Xavier College, College of Nursing, Chicago, IL

Master's Thesis: *Effectiveness of Nursing Intervention in the Aftercare of Discharged Psychiatric Patients.*

BSN, University of Rhode Island, College of Nursing, Kingston, Rhode Island

### CLINICAL POSITIONS

1979 - Present

Psychotherapist - Private Practice (Multidisciplinary Group Practice) in individual, marital and family therapy. Psychiatric evaluation and medication management.  
2800 North Sheridan Road, Suite 502, Chicago, IL 60657

1979 - 1983

Director of Nursing. Responsible for the overall management and development of the nursing service in a 150-bed psychiatric hospital providing substance abuse, adolescent and adult psychiatric services.  
Chicago Lakeshore Hospital, 4840 North Marine Drive, Chicago, IL 60640

1977 - 1979

Psychiatric Nurse Psychotherapist. Duties include intakes, supervised individual, and group psychotherapy, in addition to clinical supervision of graduate students.  
Community Mental Health Clinic, Saint Joseph Hospital, Chicago, IL 60657

1974 - 1977

Psychiatric Nurse Clinician. Evaluations of psychiatric outpatients and treatment recommendations.  
Community Mental Health Clinic, Day-Kimball Hospital, Putnam, CT

Assistant Head Nurse and Staff Nurse.  
Illinois State Psychiatric Institute, Chicago, IL

### **FACULTY POSITIONS**

2014 – Present	Clinical Assistant Professor College of Nursing, HSS Psychiatric Mental Health Nurse Practitioner (PMHNP) DNP Program University of Illinois Chicago (UIC)
2019 – Present	Director, Primary Care Mental Health Concentration College of Nursing, UIC
2013 – 2014	Adjunct Clinical Faculty Member PMHNP Program College of Nursing, UIC
2011 – Present	Clinical Preceptor, PMHNP Program College of Nursing, UIC
1985 – 1987	Adjunct Clinical Faculty Department of Psychiatric Nursing, Graduate School Rush University, Chicago, IL
1975 – 1978	Coordinator Psychiatric Mental Health Nursing Specialty Augustana Hospital School of Nursing Chicago, IL 60614

### **HONORS AND AWARDS**

2018	Nursing Education and Pedagogy 2 <sup>nd</sup> Place Poster award given at 20 <sup>th</sup> Annual ISPN conference. Co- authored poster with Dr. Snyder, UIC faculty.
2017	Daisy Faculty Award, UIC HSS in collaboration with ANCC. Awarded for exceptional impact on students and inspirational influence on their future.
2016	Evidenced Based Practice 2 <sup>nd</sup> Place Poster Award, University of Illinois Hospitals, Department of Nursing. Co-authored poster with Benoy George*, UIC DNP student and UIC faculty members.

- 2014 Clinical Practice Award, International Society of Psychiatric Mental Health Nurses (ISPN). This award is given to a psychiatric-mental health APN in clinical practice whom has made an outstanding contribution to the advancement of the care of people with mental illness at a national level.
- 2014 Preceptor Award, PMHNP, UIC, College of Nursing. This award is given for extraordinary contributions as a clinical preceptor.
- 2013 President's Award, ISPN. This award is given for excellent service and commitment to ISPN, its members and the Psychiatric-Mental Health Nursing Profession.
- 2013 Best Student Poster Award. ISPN 15<sup>th</sup> Annual Conference. Co-authored poster with UIC Graduate Student – Paul Myers\*, PMHNP postmaster student and UIC faculty members.
- 2012 Adult and Geriatric Psychiatric Nursing Award, ISPN. This award is given to a PMH APN who demonstrates excellence in leadership, clinical practice and research.
- 2010 Research Award, Heart and Soul of Change. This award is intended for students, interns, or front line clinicians who demonstrate research excellence addressing client-directed outcome-informed clinical practice.

## **PUBLICATIONS**

Wesemann, D. & **Handrup, C.T.** (2021). Developing Innovative Psychotherapy Content for PMHNP programs. Submitted to Journal of Nursing Education. Jan. 2021.

**Handrup, C.T.** (2020). Understanding Bipolar Disorder. *American Nurse*. 15 (11), 26-30. (Invited)

Raphel, S. Black, K. Peterson, B.; Galehouse, P. **Handrup, C.T.**, Yearwood, E.L. (2020) Social Justice & Social Responsibility An official statement from The International Society of Psychiatric-Mental Health Nurses. *Archives of Psychiatric Nursing*. 01 Oct 2020 <https://doi.org/10.1016/j.apnu.2020.10.015>

**Handrup, C.T.** (2019). A Seat at the Table. [Letter to the editor]. *Journal of the American Psychiatric Nurses Association*. 25 (5), 348. <https://doi.org/10.1177/1078390319848058>

**Handrup, C.T.** & Snyder, M. (2019). Reinforcing and Teaching Empathy Skills to Nursing Students. *Journal of the American Psychiatric Nurses Association*. 25 (3), 233.

Gil-Rivas, V., **Handrup, C.T.**, Tanner, E., & Walker D.K. (2019). Global Mental Health: A Call for Action. *American Journal of Orthopsychiatry*, 89 (4), 420-425.  
<http://dx.doi.org/10.1037/ort0000373>

Snyder, M. and **Handrup, C.T.** (2018). Challenges in Treatment of Comorbid Chronic Pain, Depression, and Anxiety. *Journal of Psychosocial Nursing and Mental Health Services*. 56 (12), 17-21.

Woroch, R.A., Alvarez, D.V., Yingling, C, & **Handrup, C.T.** (2018) FNP/PMHNP collaboration in drug seeking telephone simulation in APRN curriculum. *Clinical Simulation in Nursing*. 18, 14-19.

**Handrup, C.T.** (2015). Managing Treatment Failures in Depression, Bipolar Disorders, and Personality Disorders: When Medication Is Not Enough. *Journal of the American Psychiatric Nurses Association*, 21, 60-61.

{Webinar} **Handrup, C.T.** (2015). Co-Faculty, Program Development: Individualized Care for Relapse Prevention in Schizophrenia. Boston University School of Medicine and Practicing Clinicians Exchange.  
<https://www.practicingclinicians.com>

{Webinar} **Handrup, C.T.** (2014). Lead Faculty, Program Development Panel, Adherence in Schizophrenia: Increasing Competence, Cooperation, and Customize Patient Solutions. Annenberg Center for Health Sciences at Eisenhower and ISPN. Workshop Booklet (2014) Annenberg Center for Health Sciences at Eisenhower Project #5133.

(2014) Published online article review of **Handrup** 2014 APNA presentation.  
<http://www.mdmag.com/conference-coverage/apna-2014/identifying-the-causes-of-treatment-failures-and-in-psychiatric-illness>

Posmontier, B., Breiter, D., Cartier, J., Dilks, S., Esposito, N., **Handrup, C.**, ... Newton, M. (2013). ISPN DNP Task Force on the DNP. *Archives of Psychiatric Nursing*. 27, 56-60.

Delaney, K.R. and **Handrup, C.T.** (2011). Psychiatric mental health nursing's psychotherapy role: Are we letting it slip away? *Archives of Psychiatric Nursing*, 25, (4) :303-305. 26-

**Handrup, C.T.** and Paul Cook, PhD. (2009). The Effect of Routine Therapeutic Alliance Monitoring on Psychotherapy Outcomes: Results of a Quality Improvement Project. (DNP project).

**Handrup C.T.** (1998). Drinking a Love Story. *Perspectives in Psychiatric Care*. 34 (3):37.

**Handrup C.T.** (1996). Women's Issues in Mental Health. In S. Lego (Ed.), *The American Handbook of Psychiatric Nursing*. Philadelphia, PA: J. B. Lippincott Co., pp. 601-608.

**Taylor, C.** (1984). Marital Therapy. In S. Lego (Ed.), *The American Handbook of Psychiatric Nursing*. Philadelphia, PA: J. B. Lippincott Co., pp. 218-223.

**Taylor, C.** (1984). Administration of Medications. In S. Lego (Ed.), *The American Handbook of Psychiatric Nursing*. Philadelphia, PA: J. B. Lippincott Co., pp. 501-505.

Parios, R. & **Taylor C.** (1984). Electroconvulsive Treatment. In S. Lego (Ed.), *The American Handbook of Psychiatric Nursing*. Philadelphia, PA: J. B. Lippincott Co., pp. 506-512.

## **PRESENTATIONS**

### **International**

**Handrup, C.T.** (2020, June). Invited member of COVID-19 Expert Panel & Roundtable discussion at the 22<sup>nd</sup> Annual ISPN Conference, Virtual online meeting.

**Handrup, C. T.** & Raphael, S. (2020, June). Social Policy and Responsibilities, Invited presentation at the 22<sup>nd</sup> Annual ISPN Conference, Virtual online meeting.

**Handrup, C.T.** (2019, September). Psychiatric Mental Health Nurses Meeting the Challenge of Improving Global Mental Health. Podium presentation at the 25th International Mental Health Nursing Research Conference, Royal College of Nursing, London, England.

Horton-Deutsch, S., **Handrup, C.T.**, & Yearwood, E. (2019, May). Finding our Collective Voice: Morally Informed Action for the Promotion of Global Mental Health. Workshop presented at the 21<sup>st</sup> Annual ISPN Conference, Charlotte, NC.

Snyder, M., **Handrup, C.T.**, & Gorman, G. (2019, May) Developing a Partnership with the Department of Corrections. Podium presentation on at 21<sup>st</sup> Annual ISPN Conference, Charlotte, NC.

**Handrup, C.T.**, Wheeler, K., & Newton, M. (2018, April). Learning to Do Psychotherapy and the Art of Supervision. Podium presentation at the 20<sup>th</sup> Annual ISPN Conference, Tempe, AZ.

Snyder, M., **Handrup, C.T.**, & Hernandez, A.\* (2018, April). Barriers to Delivering Mental Health Services in the Latino/a Community. Podium presentation at the 20<sup>th</sup> Annual ISPN Conference, Tempe, AZ.

Snyder, M. & **Handrup, C.T.** (2018, April). Integrative Health Care Model as Part of Psychiatric Mental Health Practitioner Clinical Education Curriculum. Poster presented at the 20<sup>th</sup> Annual ISPN Conference, Tempe, AZ.

**Handrup, C.T.** (2017, June). Clinical Practice: Successful Professional Journey by Advanced Practice Nurses. Invited panel presentation at the GKNF (Global Korean Nurses Foundation) 2<sup>nd</sup> International Conference, Glenview, IL.

**Handrup, C. T.** (2017, June). A Global Mental Health Crisis: Untreated serious mental illness. Podium presentation at the panel workshop “Building capacity to address mental illness and emotional distress in low-resource settings and among refugee populations” at the 16<sup>th</sup> Biennial Conference of the Society for Community Research and Action, Ottawa, Ontario, Canada.

**Handrup, C.T.** & Newton, M. (2017, March). Incorporating the 4<sup>th</sup> “P” into Psychiatric Mental Health Nursing Practice. Developed and moderated Panel Presentation including, Carbray, J., Snyder, M., Irving, J., & Snyder, J. at the 19<sup>th</sup> Annual ISPN Conference, Baltimore, MD.

**Handrup, C.T.**, Snyder, M., & Woroch, R. (2017, March). Working Together: Integrated Psychiatric Mental Health and Primary Care Simulation in a DNP Program. Developed and moderated Panel Presentation at the 19<sup>th</sup> Annual ISPN Conference, Baltimore, MD.

**Handrup, C.T.** & Worley, J. (2016, April). Prescribing Controlled Substances. Podium presentation at the 9<sup>th</sup> Annual International Society of Psychiatric Mental Health Nurses (ISPN) Psychopharmacology Institute, Minneapolis, MN.

**Handrup, C.T.** & Corte, C. (2016, April). Implementing Team Based Learning in a Psychiatric Mental Health Nursing Course. Workshop co-presented at the 18<sup>th</sup> Annual ISPN Conference, Minneapolis, MN.

George, B.\*, Snyder, M., **Handrup, C.T.**, Nathan, J. (2016, April). The effect of patient engagement on first community reintegration program appointment. Poster presented at the 18<sup>th</sup> Annual ISPN Conference, Minneapolis, MN. \*

**Handrup, C.T.** (2015, March). Psychodynamic Psychopharmacology. Podium presentation at the 8<sup>th</sup> Annual ISPN Psychopharmacology Institute, Seattle, WA.

Bonham, E., Galehouse, P., Gerson, L., Hart, B., **Handrup, C.T.** (2015, March). From Thought to Podium: Developing a Professional Presentation. Workshop co-presented at the 17<sup>th</sup> Annual ISPN Conference, Seattle, WA.

**Handrup, C.T.** & McCoy, K. (2014, March). Cognitive Behavioral Therapy for beginners and expert clinicians. Workshop co-presented at the 16<sup>th</sup> Annual ISPN Conference, Greenville, SC.

Parrish, E.M., **Handrup, C.T.**, & Krupnick, S., 2014, March, Adherence in Schizophrenia: Increasing Competence, Cooperation, and Customized Patient Solutions. Podium presentation at International Society of Psychiatric Mental Health Nurses Psychopharmacology Institute, Greenville, SC.

**Handrup, C.T.** (2013, April). When Medication Fails: Managing Treatment Failures in Depression, Bipolar and Axis II Disorders. Podium presentation at the 15<sup>th</sup> Annual ISPN Conference, San Antonio, TX.

**Handrup, C.T.** & Parrish, E.M. (2013, April). CPT Changes for Behavioral Health. Workshop co-presented at the 15<sup>th</sup> Annual ISPN Conference, San Antonio, TX.

Meyer, P. M. \*, **Handrup, C.T.**, Heinschel, J. & Snyder, M. (2013, April). Recognition of Major Depressive Disorder in men with co-morbid medical conditions. Poster presented at the 15<sup>th</sup> Annual ISPN Conference, San Antonio, TX. \*

**Handrup, C.T.** (2013, March). Major Depressive Disorder in the General Population with Co-Morbid Medical Conditions in Primary Care: Using self-report scales to identify depression. Podium presentation at the Cuba Delegation-American Ortho-Psychiatric Association, Havana, Cuba.

**Handrup, C.T.** & Delaney, K.R. (2012, March). What Would Peplau Say: Are PMH NPs abandoning psychotherapy? Podium presentation co-presented at the 14<sup>th</sup> Annual ISPN Conference, Atlanta, GA.

Bump, D., Tadych, R., Wilson, R. & **Handrup, C.T.** (2012, March). Help Me Help You: Time limited structured group. Poster presented at the 14<sup>th</sup> Annual ISPN Conference, Atlanta, GA.\*

**Handrup, C.T.** (2011, March). Therapeutic Alliance and Psychotherapy: Should we be measuring alliance and outcomes in our psychotherapy practices. Podium presentation at the 13<sup>th</sup> Annual ISPN Conference, Tucson, AZ.

## **National**

**Handrup, C.T.**, McLeigh, J., Yingling, C., Kahn, M., & Ware, A. (2020, October). Telehealth in the Time of COVID 19: Policy, Process & Therapeutic Issues. Panel Presentation at Coming Together for Action 2020, Global Alliance for Behavioral Health and Social Justice, Virtual Online Meeting.  
<https://www.youtube.com/watch?v=gvoHdsQO0Ic>

**Handrup, C.T.** Kilmer, R., Landers, M., Tergesen, C. (2020) Call to Action, Chair of closing panel at Coming Together for Action 2020, Global Alliance for Behavioral Health and Social Justice, Virtual Online Meeting. <https://youtu.be/Sk3Kbrvc7Zw>

**Handrup, C.T.** (2019, November). Creating a Healthy Nation: Beyond the Lancet Report on Global Mental Health and Sustainable Development. Podium presentation at the Annual Meeting of the American Public Health Association (APHA), Philadelphia, PA.

**Handrup, C.T.,** Gil-Rivas, V., Sargent, J., Tomaszewski, E., Klein-Walker, D., & Yearwood, E. (2019, June). Global Mental Health: Meeting the Challenges from the Lancet Commission. Panel presentation at the 17<sup>th</sup> Biennial Conference of the Society for Community Research and Action, Chicago, IL.

**Handrup, C.T.** & Snyder, M. (2018, October). Measuring and Teaching Empathy to Nursing Students. Podium presentation at the 32<sup>nd</sup> Annual APNA Conference, Columbus, OH.

Davis, J.A.\* & **Handrup, C.T.** (2018, October). Therapeutic Alliance & Depression/Diabetes Co-morbidity in Urban Integrated Care Setting. Poster presented at Coming Together for Action 2018, Global Alliance for Behavioral Health and Social Justice, Denver, CO.

Sanchez, J., \* **Handrup, C.T.,** Zacharias, J., & McQuiston, M. (2018, October). Use of the Jellinek-PTSD Screening Questionnaire to Identify PTSD in LGBTQ Clients Undergoing Outpatient Treatment for a SUD: A Quality Improvement Project. Poster presented at Coming Together for Action 2018, Global Alliance for Behavioral Health and Social Justice, Denver, CO.

**Handrup, C.T.,** Snyder, M., Yingling, C. Woroch, R. (2016, October). A Joint Simulation Pilot Project with PMHNP and FNP DNP Students. Poster presented at the 30<sup>th</sup> Annual APNA Conference, Hartford, CT.

Snyder, M., **Handrup, C.T.** Frisbie, J. \* (2016, October). Shaping Patient Engagement in Treatment by Shared Decision Making. Poster presented at the 30<sup>th</sup> Annual APNA Conference, Hartford CT.

Yingling, C., **Handrup, C.T.,** Snyder, M., Woroch, R. (2016, April). Our FNP and PMHNP students love joint clinical simulation. Yours will too. Podium presentation at the 42<sup>nd</sup> Annual National Organization of Nurse Practitioner Faculties (NONPF). Seattle, WA.

**Handrup, C.T.** (2015, April). Benzodiazepine Dependency, Addiction and Withdrawal. Invited presentation at Contemporary Forums on Psychiatric Nursing, Chicago, IL.



**Handrup, C.T.** (2015, April). Managing Adult Bipolar from a Nursing Perspective. Invited presentation at Contemporary Forums on Psychiatric Nursing, Chicago, IL.

**Handrup, C.T.** (2014, October). Managing Treatment Failures. Podium presentation at the 28<sup>th</sup> Annual APNA Conference, Indianapolis, IN.

Posmontier, B., Breiter, D., Cartier, J., Dilks, S., Esposito, N., **Handrup, C.**, ... Newton, M. (2012, September). Findings of the ISPN DNP Task Force. Poster presented at the 5<sup>th</sup> Annual Doctors of Nursing Practice Conference, St. Louis, MO.

**Handrup, C.T.** (2012, October). Measuring Therapeutic Alliance. Poster presented at the 24<sup>th</sup> Annual APNA Conference, Louisville, KY.

**Handrup, C.T.** (2010, September). Measuring Psychotherapy Outcomes: A DNP Initiative. Podium presentation at the 3<sup>rd</sup> National Doctors of Nursing Practice Conference, San Diego, CA.

**Handrup, C.T.** (2010, September). Measuring Therapeutic Alliance and its Effect on Outcomes. Poster presented at the 7<sup>th</sup> Biennial Joanna Briggs Colloquium, Chicago, IL.

**Handrup, C.T.** (2003, April). The Practice of Psychotherapy: Dilemmas for the Nurse Psychotherapist. Poster presented at 5<sup>th</sup> Annual ISPN Conference, Charleston, SC.

**Handrup, C.T.** (1998, April). Living Self-Psychology in Individual Psychotherapy: An Empathetic Approach. Podium presentation at Mind over Brain Conference, Baltimore, MD.

**Handrup, C.T.** (1990, March). Bulimia, A Psychodynamic View. Invited presentation at the Contemporary Psychiatric Forum, Chicago, IL.

**Handrup, C. T.** (1983, June). Imagination in Administration: Practical Approaches to Breaking Traditional Role Barriers. Podium presentation at Clemson University, Greenville, SC.

**Handrup, C.T.** (1982, April & November). Management, Politics and Power: Accomplishing Nursing Goals Through Dynamic Administration. Invited presentation at Contemporary Psychiatric Forum in Washington, DC & Los Angeles, CA.

\* Mentored graduate student

## **Regional**

**Handrup, C.T. & Raphel, S.** (2020, August). A Call to Action: Nursing Advocacy. Invited presentation to the Kentucky Nurses Association. Virtual online meeting.

[https://zoom.us/rec/share/--EIMJLgqmJLGZWO907TS\\_AmPN\\_Eeaa80SQX\\_oEnU440UG5HiP7ie4kcNfPyIL2?startTime=1597422953000](https://zoom.us/rec/share/--EIMJLgqmJLGZWO907TS_AmPN_Eeaa80SQX_oEnU440UG5HiP7ie4kcNfPyIL2?startTime=1597422953000)

**Handrup, C.T.** & Snyder, M (2020, April). Empathy in Practice. Invited presentation to the 19<sup>th</sup> Annual APNA IL Chapter Conference, Chicago, IL. Conference not held due to COVID-19).

Snyder, M. & **Handrup, C.T.** (2018, April). Barriers to Delivering Mental Health Services in the Latino/a Community. Poster presented at the 17<sup>th</sup> Annual APNA IL Chapter Conference, Chicago, IL.

**Handrup, C.T.** (2017, 2018 & 2019, October). Barriers to Identifying and Treating Mental Illness. Invited presentation to the UIC CON Annual Korean Hospital Nurses Association (KHNA) Leadership Seminar, Chicago, IL.

**Handrup, C.T.**, Snyder, M., Clay, R.\* & Hernandez, A.\* (2017, October). Building Capacity to Address the Barriers to Mental Health Care in the Latino/a Community. Panel presentation at the 2017 Latino/a Behavioral Health Conference: The Evolution of Mental Health Services & Social Justice, Chicago, IL.

Waybrant-Ennis, M. \* & **Handrup, C.T.** (2017, April). The Efficacy of EMDR in Patients with PTSD. Poster presented at the 16<sup>th</sup> Annual APNA Illinois Chapter Conference, Chicago, IL.

**Handrup, C.T.** (2017, April). Barriers to Identifying and Treating Depression in Low Resource Settings. Invited to present on panel at the World Health Day “Let’s Talk Depression” program, UIC CON, Chicago, IL

**Handrup, CT.** (2014, June & September). Adherence in Schizophrenia: Increasing Competence, Cooperation and Customized Patient Solutions. Workshops presented to Nevada APNA Chapter Meeting, Las Vegas, Nevada and at Grady Memorial Hospital, Atlanta, GA.

**Handrup, C.T.** (2010, September). Nurse-Patient Alliance: Promoting Health Behavior Change. Podium presentation at 2010 APN Midwest Conference of the Illinois Society for Advanced Practice Nursing, Lombard, IL.

**Handrup, C.T.** (2007, September). Managing Adult Depression in Primary Care: A Quality Improvement Program. Program presented to Near South and Jorge Prieto Health Clinics in Cook County, Chicago, IL.

**Handrup, C.T.** (2005, September). Using Psychopharmacology in Psychotherapy: Dilemmas for the Nurse Psychotherapist. Podium presentation at 4<sup>th</sup> Annual Illinois Society for Advanced Practice Nursing Meeting & Symposium, Springfield, IL.

**Handrup, C.T.** (1998, November). Eating Disorders and Women. Presentation to Primary Care resident at Weiss Memorial Hospital, Chicago, IL.

**Handrup, C.T.** (1998, March). Women and Stress across the Lifespan. Presentation at Columbus Hospital, Chicago, IL

**Handrup, C.T.** (1997, October). When Wishing Is Not Enough. Psychological Aspects of Infertility, Presentation at Columbus Hospital, Chicago IL.

**Handrup, C.T.** (1996, April). Beating the Blues: Postpartum Depression. Presentation at St. Joseph Health Centers and Hospital, Chicago, IL.

**Handrup, C.T.** (1983, August). Budgeting for the Psychiatric Unit. Presentation at Effective Nursing Management for the Psychiatric Unit, Chicago IL.

**Handrup, C.T.** (1982, June). Politics of Care. Presentation at Schizophrenia: An Update on New Perspectives in Treatment, Chicago, IL.

\* Mentored Graduate Student

### **Grant Submissions**

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|------|---|
| 2019 | HRSA grant, Practice Ready: Partnership to enhance primary care nurse practitioner practice readiness in underserved communities, co-investigator.<br>Charles Yingling, DNP, Primary investigator.<br>HERSA - Funded \$2.7 million. |
| 2019 | ISPN Foundation Mental Health and Wellness Research Project Grant. Measuring and Teaching Empathy Skills to pre-licensure nursing students. Primary investigator. Funded \$1500.  |
| 2018 | Sigma Theta Tau, Small Grants Submission. Measuring and Teaching Empathy Skills to pre-licensure nursing students. Primary investigator. Not Funded   |
| 2017 | C.A.R.E.S. (Clinicians Acting to Reinforce Empathy Skills) Project, co-investigator.<br>Joshua Nathan, MD, Primary investigator. Joshiah Macy Foundation – Not Funded.  |
| 2017 | Practice Ready: Partnership to enhance primary care   |

nurse practitioner practice readiness in underserved communities, co-investigator.

Lorna Finnegan, PhD., Primary investigator.

HERSA - Not Funded

## **PROFESSIONAL SERVICE**

### **Leadership/Boards**

2020-2023	Member, UIC, Faculty Senate
2020-2022	Member, External Relations and Public Service, UIC Senate Standing Committee.
2020-2022	Member, Graduate Admissions and Academic Standards Committee. UIC CON.
2020-2022	President, Board of Directors, Global Alliance for Behavioral Health & Social Justice (Formerly American Ortho-psychiatric Association).
2019-present	Member, ISPN Social Policy & Responsibility Committee.
2019-2022	Member, International Society of Psychiatric-Mental Health Nurses (ISPN) Foundation, Board of Directors.
2019-present	Member, Editorial Review Board, Perspectives in Psychiatric Care.
2019-2020	Faculty Advisor, Honors College Capstone Project
2019-2020	Co-lead in the formation of the 1 <sup>st</sup> & 2 <sup>nd</sup> PMHNP Advisory Board of Alkermes. Purpose is to develop an outreach strategy to PMHNPs and establish unrestricted educational grants & scholarship.
2018-present	Member, MHLG Budget and Appropriations Committee.
2018	Co-chair, 2018 Coming Together for Action, Biannual Conference of the Global Alliance for Behavioral Health & Social Justice, Denver, CO. October 4-6, 2018.

2017-present	Member, Mental Health Liaison Group (MHLG), Global Alliance representative, voting member.
2017-2019	President-Elect, Board of Directors, Global Alliance for Behavioral Health & Social Justice.
2017-2019	Member, HSS Promotion and Tenure Committee, UIC, CON.
2017-2019	Chair, Policy Committee, Global Mental Health, Global Alliance for Behavioral Health & Social Justice.
2017	Chair, Faculty Retreat Committee, UIC CON.
2016-2017	Faculty Member, Student Conduct Committee, UIC.
2015-2017	Board of Directors, Global Alliance for Behavioral Health & Social Justice (Formerly American Orthopsychiatric Association).
2014-present	Chairperson/Co-Chair, Communication/Website Committee, International Society of Psychiatric-Mental Health Nurses (ISPN)
2011-2014	Chairperson, Membership Committee, ISPN
1984 – 1986	Chairperson, Council on Certified Psychiatric Mental Health CNS, Illinois Nurses Association.

**Panels and Task Forces**

2019-present	Member, Institute of Government and Public Affairs (IGPA) University of Illinois, Working Group on Substance Use Disorders.
2019-present	Member, Mental Health Liaison Group (MHLG), Budget & Appropriation Committee.
2018-present	Member, Mental Health Liaison Group, (Global Alliance representative). Attended Annual Working Meeting (with Congress and staffers) in Washington DC in December 2018, 2019, 2020 (virtual)
2018-present	Member, University of Illinois, Opioid Task Force,

	Appointed CON representative.
2018-present	Member, PMHNP Competencies Task Force, National Organization of Nurse Practitioner Faculties.
2016- present	Member, Task Force for Global Mental Health, Global Alliance for Behavioral Health & Social Justice.
2015 - present	UIC IHCI CON Continuing Education Nurse Planner.
2014	Member, APRN Advisory Panel, American Psychiatric Nurses Association.
2011	Member, Doctor of Nursing Practice Task Force, International Society of Psychiatric Mental Health Nursing.
2007	Member, Program Development Panel on Managing Adult Depression in Primary Care: A Quality Improvement Program. American Academy of Family Physicians, Chicago, IL.
1994 -1995	Member, Advanced Practice Task Force, American Psychiatric Nurses Association.
1984	Member, Multidisciplinary NIH Panel, Searching for a Common Ground Among the Core Disciplines An Examination of the Provider Status Issue. Chicago, IL.

**Reviewer and Item Tester**

2019-present	Manuscript Reviewer, Archives in Psychiatric Nursing.
2017-present	Manuscript Reviewer, Journal of School Nursing.
2017-present	Manuscript Reviewer, Journal of the American Orthopsychiatric Association.
2016-present	Manuscript Reviewer, Journal of the American Psychiatric Nurses Association.

2010-present	Manuscript Reviewer, Perspectives in Psychiatric Care.
2010-present	Abstract Reviewer for Sigma Theta Tau International (including grant proposals).
2006-present	Abstract Reviewer for International Society of Psychiatric-Mental Health Nurses Annual Conference.
2007-2011	Abstract Reviewer for the American Psychiatric Nurses Association, Annual Conference.
2005	ANCC item tester for PMHCNS certification exam.
1998	Review of the book <i>Drinking: A Love Story</i> , by Caroline Knapp, 1997. <i>Perspectives in Psychiatric Care</i> , 34 (3), July-September 1998.

## Media

October 9, 2020	Moderated presentation by David R. Williams, PhD. Stress & the Mental Health of Populations of Color: Understanding the Role of Traditional & Emerging Stressors at Coming Together for Action 2020, Global Alliance for Behavioral Health and Social Justice, Virtual Online Meeting. <a href="https://www.youtube.com/watch?v=AYtD-uFd0r0&amp;feature=youtu.be">https://www.youtube.com/watch?v=AYtD-uFd0r0&amp;feature=youtu.be</a>
October 8, 2020	Moderated presentation by the Honorable Peggy Flanagan, Lt. Governor of Minnesota. Recipient of Presidential Citation Award, Coming Together for Action 2020, Global Alliance for Behavioral Health and Social Justice, Virtual Online Meeting. <a href="https://www.youtube.com/watch?v=wp1c96ExmbQ&amp;feature=youtu.be">https://www.youtube.com/watch?v=wp1c96ExmbQ&amp;feature=youtu.be</a>
June 22, 2020	Podcast. Moderated expert Panel Discussion following the screening of award-winning documentary “ <b>Unsettled</b> ”. This podcast discusses working with LGBTQ+ and refugee

communities, from the perspective of the documentary as well as answer questions posed by attendees.

<https://www.youtube.com/watch?v=L1XUX5YiX8w&feature=youtu.be>

March 18, 2020 Podcast. "Easing Anxiety in an Uncertain Time.". This podcast discusses some of the evolving mental health-related issues that individuals and families are experiencing during the COVID 19 pandemic. <https://globalalliance.podbean.com/e/easing-anxiety-in-an-uncertain-time/>

June 1, 2016 Guest on Health Affairs from A to Z. "Talk Therapy: Is it vital to your health"  
CAN-TV - Host: Nancy Valentine, PhD, FAAN

### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

American Psychiatric Nurses Association  
American Nurses Association  
Academy for Eating Disorders  
Global Alliance for Behavioral Health and Social Justice (Formerly American Ortho Psychiatric Association)  
Illinois Nurses Association  
Illinois Society of Advance Practice Nurses  
International Society of Psychiatric-Mental Health Nursing  
National Association of Clinical Nurse Specialists  
Neuroscience Educational Institute  
Sigma Theta Tau  
National Organization of Nurse Practitioner Faculties  
Society for Community Research and Action (Division 27 of the American Psychological Association)

### **LICENSE AND REGISTRATION**

Advanced Practice Nurse – Full Practice Authority	(IL) current
State Controlled Substance – (FPA)	(IL) current
ANCC Certification:	Adult Clinical Specialist Psychiatric Mental Health
DEA Number:	current
National Provider Identifier:	current