

STEFANI ALEXANDER, DNP, APN, WHNP-BC

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Career

Summary: An enthusiastic, optimistic, and highly motivated advanced practice nurse and clinical instructor who adds value to nursing education through organizational, interpersonal, and critical thinking skills. I am passionate about nursing education, professionalism, leadership, and development.

Education: **University of Illinois at Chicago** Dec 2022
Doctor of Nursing Practice, DNP

University of Illinois at Chicago May 2012
Master of Science in Nursing, MSN
Advanced Practice Nurse Women's Healthcare, APN-WHNP

University of Illinois at Chicago May 2008
Bachelor of Science in Nursing, BSN
Registered Nurse, RN

Professional

Experience: **University of Illinois at Chicago College of Nursing** 2020-current
Visiting Teaching Associate and Academic Advisor Chicago, IL

- Teach various fundamental and health assessment courses for pre-licensure, AGMS, and DNP students in both the clinical and lab setting.
- Assess and evaluate student's progression with learning nursing concepts and skills and make sure they meet the nursing competency expectations
- Uphold a high level of nursing excellence and professionalism for all students
- Advise graduate entry program students on course selection and academic pathways, and provide resources for nursing school success

Loyola University Marcella Niehoff School of Nursing 2020-current
Adjunct Clinical Nursing Instructor Maywood, IL

- Responsible for teaching, coaching, and evaluating the progression of student learning for clinical courses: Adult Health I, Adult Health II, and Clinical Role Transition (CRT) on a Med/Surg unit
- Challenge undergraduate ABSN and Traditional BSN students to apply academics and critical thinking skills in the clinical and virtual setting
- Determine and evaluate core nursing competencies through personal relationships with the students and by analysis of graded care plans/concept maps
- Teach with a high standard of nursing excellence and professionalism

HealthLinc 2018-2019
APN-WHNP-BC East Chicago, IN

- Provide OBGYN services to underserved and low-income to no-income populations at a Federally Qualified Health Center
- Responsible for accurately assessing, diagnosing, treating, and managing a variety of women's health conditions
- Work well on a team that helps alleviate challenges in our daily patient-provider workflow by creating strategies to update our EHR system
- Implement creative ways to enhance patient experiences and develop individualized health plans that allow patients to advocate for their healthcare.

The Wright Center for Women's Health

2017-2018

APN, WHNP-BC, PA/NP Training Lead

Naperville, IL

- Perform comprehensive well-women exams for the gynecological and obstetrical patients
- Responsible for conducting quarterly NP/PA training as well as presenting four staff trainings a year
- Work independently assessing, managing, and implementing practice guidelines
- Provide alternative therapies for gynecological conditions such as urinary incontinence, menopause, PCOS, and basic fertility workup and treatment

VNA Healthcare

2016

APN, WHNP-BC

Aurora, IL

- Provided comprehensive obstetrical and gynecological care to high-risk populations
- Executed excellent patient care by conducting thorough health assessments, reaching patients at a level they could comprehend and learn, and by displaying commitment, love and compassion, which are necessary to help patients overcome barriers in their healthcare
- Motivated patients to become strong advocates in their healthcare

Palos Medical Group-Obstetrics and Gynecology

2014-2015

APN, WHNP-BC

Orland Park, IL

- Developed individualized care plans for gynecological and obstetrical patients
- Managed the Ob/Gyn clinic when the physicians were out of the office for deliveries
- Reconfigured Ob/Gyn templates in EMR that would ease the clinic flow for the physicians and patients
- Conducted research and created a proposal on the BD Affirm, CLIA certification and the COLA system needed to enhance the workflow of the clinic successfully

Planned Parenthood of Illinois

2012-2014

Advanced Practice Nurse, Family Planning Clinician

Peoria, IL

- Developed individualized and holistic care plans for women ages 11 and up on health lifestyle behaviors and self-worth
- Empowered women to take an active role in achieving their optimal level of health.
- Traveled between three clinics located in Peoria, Pekin, and Bloomington, Illinois, while being the only clinician at any given site as a new graduate Nurse Practitioner

Provena (Presence Health) Covenant Medical Center
Registered Nurse, Charge Nurse

2008-2012
Champaign, IL

- Provided excellent patient care for Medical/Surgical/Orthopedic/Telemetry patients
- Performed hourly rounding and physical assessments
- Demonstrated strong organizational and communication skills by collaborating with the House supervisor and managers in determining bed placement according to a specific diagnosis while managing patients and student nurses and completing staff scheduling for shift change
- Assisted with care, support, and advice to fellow nurses and helped to make crucial decisions regarding patient care

University of Illinois at Urbana-Champaign
Adjunct Clinical Nursing Instructor

2009; 2011; 2014
Champaign, IL

- Responsible for teaching, coaching, and evaluating the progression of student learning for a Leadership and Management Core Clinical Course as well as a Fundamentals of Nursing Core Clinical course on a Medical/Surgical/Cardiology unit
- Helped students evaluate proper time management while carrying out the responsibilities of a professional nurse; compassion, professionalism, and thoroughness
- Determined and evaluated core nursing competencies through personal relationships with the students and by analysis of graded care plans
- Intergraded academic learning with professional experience by providing a solid foundation to nursing practice and laying expectations and standards of nursing

University of Illinois at Urbana-Champaign
Graduate Teaching Assistant

2009; 2011; 2013
Champaign, IL

- Challenged undergraduate nursing students to apply academics and critical thinking skills in a foundational course: health assessment
- Conducted weekly health assessment demonstrations and facilitated weekly tests for nursing students on each body system
- Graded health assessment papers, proctored exams, and provided feedback in regards to nursing diagnoses, nursing notes, and clinical skills
- Assessed and prepared future nurses for leadership, integrity, and competency

**Licensure/
Certification:**

- Women's Healthcare Nurse Practitioner Board Certified June 2012-current
- DEA and Controlled Substance Illinois Licenses January 2013-2019
- Registered Professional Nurse, Illinois License May 2008-current
- BLS (Basic Life Support-CPR & AED) 2000-current

**Professional
Organizations:**

- Nurse Practitioners in Women's Health (NPWH) Member August 2022-current
- American College of Obstetrics and Gynecology (ACOG) 2022-current
- Midwest Nursing Research Society (MNRS) 2022-current